



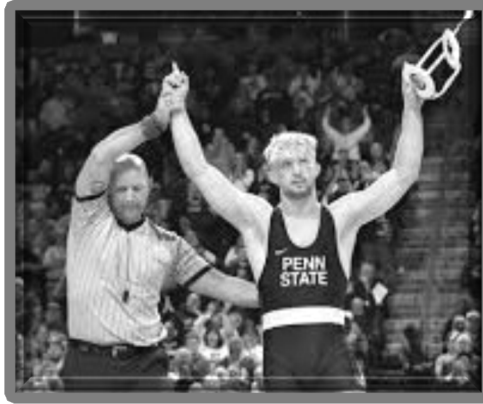
# Best-Trained Elite Intensified Camp

**June 17-20, 2019**

**An Elite, Intensified Camp for the Dedicated Wrestler...**

## Featuring- Bo Nickal

- 3x NCAA Div. I National Champion and 4x All American
- 3x Texas H.S. State Champion 4x Finalist
- 5x Fargo All American 3x Fargo National Champion & MOW
- 5<sup>th</sup> Place Cadet UWW Freestyle World Championships
- UWW Freestyle National Champion



## It's All About Improving...

An exclusive camp for the dedicated wrestler, the Best Trained Elite Intensified Wrestling Camp is designed specifically to improve wrestling performance and strength.

**...Are You Satisfied?**

## Cost: \$200

Application and \$100 Deposit\* mailed by May 17th, 2019 to:  
Best Trained  
701 Sycamore Creek Rd  
Allen, TX 75002

## Schedule:

**\*\*Lunch provided daily 12-12:30pm\*\***

### June 17

Register 9:30am-10:00am  
Session 1: 10am – 12pm  
Session 2: 12:30pm – 4pm

### June 18

Session 1: 10am – 12pm  
Session 2: 12:30pm – 4pm

### June 19

Session 1: 10am – 12pm  
Session 2: 12:30pm – 4pm

### June 20

Session 1: 10am – 12pm  
Session 2: 12:30pm – 4pm

## Location:

Allen High School Wrestling Room  
155 Rivercrest Allen, TX 75002  
Allen, TX 75002

## About the Clinicians

### About Bo Nickal

- 3x NCAA Div. I National Champion and 4x All American
- 3x Texas H.S. State Champion 4x Finalist
- 5x Fargo All American 3x Fargo National Champion & MOW
- 5<sup>th</sup> Place Cadet UWW Freestyle World Championships
- UWW Freestyle National Champion

### About Oliver Pierce

- NCAA Qualifier 4 Year Letterman
- 2x Texas H.S. State Champion 4x Placer
- 8x Fargo All American 3x Fargo National Champion
- UWW Cadet World Freestyle 5<sup>th</sup> Place
- UWW Cadet Freestyle National Champion
- 2013 Asics 1<sup>st</sup> Team All American

### About Coach Jerry Best

- Coached 10X UIL State Champions
- Coached 9X THSWCA Dual State Champions
- 4x Oklahoma High School State Champion (undefeated)
- 3x NCAA II National Champion & Hall of Fame Member
- Espoir National Freestyle Champion
- Cadet National Freestyle runner-up
- Assistant Coach - University of Central Oklahoma

## Questions?

Phone: 214.244.9037

[www.besttrained.com](http://www.besttrained.com)

**Best Trained Wrestling release and information sheet.**

Wrestler's Name: \_\_\_\_\_

Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Wrestler's DOB: \_\_\_\_\_ 2019 grade level\* \_\_\_\_\_

Shirt Size: Y/A \_\_\_\_\_

Lodging Assistance Needed? Y / N If "yes", contact Jerry Best at [besttrained@earthlink.net](mailto:besttrained@earthlink.net) with details

**PARENT/GUARDIAN RELEASE**

I, the undersigned, hereby certify that I am the parent or legal guardian of the wrestler. I hereby give permission for the staff of Best Trained Wrestling to seek, during the season, appropriate medical attention for the wrestler and for the wrestler to receive medical attention in the event of accident, injury or illness. I will be responsible for any and all medical costs for treatment and or attention. I, the undersigned for ourselves, our heirs, executors and administrators, waive, release and forever discharge Best Trained Wrestling, Jerry Best and Allen Independent School District, the camp and its staff, officers, agents, employees, representatives, successors, and assign of and from all rights and claims for damages, injury or loss to person or property which may be sustained during participating in camp activities or while at camp, whether or not damages, injury or loss is due to negligence.

Wrestler's Name \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian Name (please print) \_\_\_\_\_

Best Trained Wrestling does not discriminate on the basis of race, color, sex, age, national origin, religion, sexual orientation, or disability in matters affecting employment or in providing access to programs. Inquiries related to the policies of Best Trained Wrestling should be directed to Jerry Best (214)244-9037.



**Best Trained Wrestling**  
**Phone: 214.244.9037**  
[besttrained@earthlink.net](mailto:besttrained@earthlink.net)  
[www.besttrained.com](http://www.besttrained.com)