

Best Trained Wrestling release and information sheet.

Wrestler's Name: _____

Guardian Name: _____

Address: _____

City: _____ Zip Code: _____

Phone Number: _____

Email: _____

Wrestlers DOB: _____ 2018 grade level* _____

Shirt Size: Y/A _____

Lodging Assistance Needed? Y / N

PARENT/GUARDIAN RELEASE

I, the undersigned, hereby certify that I am the parent or legal guardian of the wrestler. I hereby give permission for the staff of Best Trained Wrestling to seek, during the season, appropriate medical attention for the wrestler and for the wrestler to receive medical attention in the event of accident, injury or illness. I will be responsible for any and all medical costs for treatment and or attention. I, the undersigned for ourselves, our heirs, executors and administrators, waive, release and forever discharge Best Trained Wrestling, Jerry Best and Allen Independent School District, the camp and its staff, officers, agents, employees, representatives, successors, and assign of and from all rights and claims for damages, injury or loss to person or property which may be sustained during participating in camp activities or while at camp, whether or not damages, injury or loss is due to negligence.

Wrestler's Name _____

Date _____

Parent/Guardian Signature _____

Date _____

Parent/Guardian Name (please print)

Best Trained Wrestling does not discriminate on the basis of race, color, sex, age, national origin, religion, sexual orientation, or disability in matters affecting employment or in providing access to programs. Inquiries related to the policies of Best Trained Wrestling should be directed to Jerry Best (214)244-9037.

*Must be 6th grade or above for this camp

Performance



It's All About Improving...

An exclusive camp for the dedicated wrestler, the Best Trained Elite Intensified Wrestling Camp is designed specifically to improve wrestling performance and strength.

...Are You Satisfied?



Best Trained Wrestling
Phone: 214.244.9037

besttrained@earthlink.net
www.besttrained.com

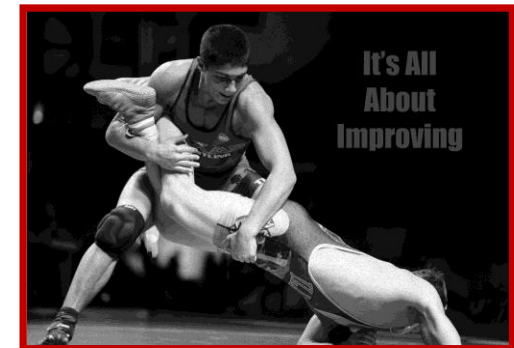


Best-Trained Elite Intensified Camp

Featuring:

Chris Perry– Asst Coach,
Oklahoma State University
2X NCAA Champion
3X All American

Tyler Caldwell- 4X NCAA All American
2X NCAA Finalist



June 4-7, 2018

**An Elite, Intensified
Camp for the
Dedicated Wrestler...**

Phone: 214.244.9037
www.besttrained.com



Best Trained Elite Intensified Camp

Cost: \$200

Application and \$100 Deposit* mailed by
May 18th, 2018 to:

Best Trained
701 Sycamore Creek Rd
Allen, TX 75002

Schedule:

****Lunch provided daily 12-12:30pm****

June 4

Register 9:30am-10:00am
Session 1: 10am – 12pm
Session 2: 12:30pm – 4pm

June 5

Session 1: 10am – 12pm
Session 2: 12:30pm – 4pm

June 6

Session 1: 10am – 12pm
Session 2: 12:30pm – 4pm

June 7

Session 1: 10am – 12pm
Session 2: 12:30pm – 4pm

Location:

Allen High School Wrestling Room
155 Rivercrest Allen, TX 75002
Allen, TX 75002

Questions? 214.244.9037



About Coach Perry

- Assistant Coach, Oklahoma State University
- 2x NCAA Div I National Champion
- 3x NCAA Div I All-American
- 3x USA National Team member
- 4x OK High School State Champion
- 2009 Jr. National Freestyle Champion

About Tyler Caldwell

4x NCAA All American
2x Finalist
2014 university world champion
2016 Pan Am champion/ OW

About Coach Jerry Best

- Coached 9X UIL State Champions
- Coached 9X THSWCA Dual State Champions
- 4x Oklahoma High School State Champion (undefeated)
- 3x NCAA II National Champion & Hall of Fame Member
- Espoir National Freestyle Champion
- Cadet National Freestyle runner-up
- Assistant Coach - University of Central Oklahoma

Philosophy

Elite Campers will learn the attacking style that amassed Jerry Best more than 650 takedowns en route to four Oklahoma state championships with a 127-0 high school record, as well as 3 NCAA II National Championships.

In this exclusive camp, coaches will train campers on:

- Chain drilling from neutral position
- Chain drilling from top position
- Setups and finishes for high crotches, low singles, sweep singles, duck-unders, drags, inside trips, and throws.

This camp is open to wrestlers going into 6th grade and above (wrestlers younger than 6th grade must get approval from Coach Jerry Best). It will be very rigorous with at least one hour of live wrestling each day.

Lodging Assistance

Out of state/area campers will receive lodging assistance if requested. Must be indicated on registration form and coordinated with Jerry Best directly.