



## An Elite, Intensified camp for the Dedicated Wrestler

June 26-29, 2017

### Featuring:

#### Chris Perry:

- Assistant Coach, Oklahoma State University
- 2x NCAA Div I National Champion
- 3x NCAA Div I All-American
- 3x USA National Team member
- 4x OK High School State Champion
- 2009 Jr. National Freestyle Champion

#### Tyler Caldwell:

- 4x NCAA All-American
- 2x NCAA Finalist
- 2014 University World Champ
- 2016 Pan Am Champ & OW

#### Matt Surber:

- Head Coach Tuttle High School Tuttle, OK
- Coached 9X Oklahoma 4A State Champions
- Coached 8X OK 4A Dual State Champions
- Oklahoma High School State Champion
- NCAA Div. II National Runner up

#### Jerry Best:

- Coached 8X UIL State Champions
- Coached 9X THSWCA Dual State Champions
- 4x Oklahoma High School State Champion (undefeated)
- 3x NCAA II National Champion & Hall of Fame Member
- Espoir National Freestyle Champion
- Cadet National Freestyle runner-up
- Assistant Coach - University of Central Oklahoma

### Philosophy

Elite Campers will learn the attacking styles, philosophies and insights that have amassed these coaches state and national championships and even world visibility.

In this exclusive camp, coaches will train campers on:

- Chain drilling from neutral position
- Chain drilling from top position
- Setups and finishes for high crotches, low singles, sweep singles, duck-unders, drags, inside trips, and throws.

This camp is open to wrestlers going into 6<sup>th</sup> grade and above. It will be very rigorous with at least one hour of live wrestling each day. (Any wrestler under 6<sup>th</sup> grade who wants to participate must get approval directly from Coach Best)

**Best Trained Wrestling**  
**Phone: 214.244.9037**  
[besttrained@earthlink.net](mailto:besttrained@earthlink.net)  
[www.besttrained.com](http://www.besttrained.com)



# Best Trained Elite Intensified Camp

## June 26-29, 2017

**Cost: \$200**

Application and \$100 Deposit\* mailed by June 2<sup>nd</sup>, 2017 to:

Best Trained  
701 Sycamore Creek Rd  
Allen, TX 75002

### Schedule:

**\*\*Lunch provided daily 12-1pm\*\***

#### June 26

Register 9:30am-10:00am  
Session 1: 10am – 12pm  
Session 2: 1pm – 4pm

#### June 27

Session 1: 10am – 12pm  
Session 2: 1pm – 4pm

#### June 28

Session 1: 10am – 12pm  
Session 2: 1pm – 4pm

#### June 29

Session 1: 10am – 12pm  
Session 2: 1pm – 4pm

### Location:

Allen High School Wrestling Room  
155 Rivercrest Allen, TX 75002  
Allen, TX 75002

### Lodging Assistance

Out of state/area campers will receive lodging assistance if requested. Must be indicated on registration form and coordinated with Jerry Best directly.

Questions? 214.244.9037

**Best Trained Wrestling**

**Phone: 214.244.9037**

[besttrained@earthlink.net](mailto:besttrained@earthlink.net)

[www.besttrained.com](http://www.besttrained.com)

### Best Trained Wrestling release and information sheet.

Wrestler's Name: \_\_\_\_\_

Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Wrestlers DOB: \_\_\_\_\_ 2015 grade level\* \_\_\_\_\_

Shirt Size: Y/A \_\_\_\_\_

Lodging Assistance Needed? Y / N

### PARENT/GUARDIAN RELEASE

I, the undersigned, hereby certify that I am the parent or legal guardian of the wrestler. I hereby give permission for the staff of Best Trained Wrestling to seek, during the season, appropriate medical attention for the wrestler and for the wrestler to receive medical attention in the event of accident, injury or illness. I will be responsible for any and all medical costs for treatment and or attention. I, the undersigned for ourselves, our heirs, executors and administrators, waive, release and forever discharge Best Trained Wrestling, Jerry Best and Allen Independent School District, the camp and its staff, officers, agents, employees, representatives, successors, and assign of and from all rights and claims for damages, injury or loss to person or property which may be sustained during participating in camp activities or while at camp, whether or not damages, injury or loss is due to negligence.

Wrestler's Name \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian Name (please print)

Best Trained Wrestling does not discriminate on the basis of race, color, sex, age, national origin, religion, sexual orientation, or disability in matters affecting employment or in providing access to programs. Inquiries related to the policies of Best Trained Wrestling should be directed to Jerry Best (214)244-9037.

\*Must be 6<sup>th</sup> grade or above for this camp